### MASCOMA COMMUNITY HEALTH CENTER

#### NEW PATIENT INFORMATION



#### HELP US TAKE CARE OF YOU

At Mascoma Community Health Center (MCHC), we take pride in providing our patients with the very best health care, at an affordable price. **Please help us by following these simple rules:** 

#### Co-Pays are due at the time of service

If you have insurance, please bring your insurance card with you. If you have a co-pay, please know how much your co-pay is and be ready to pay it when you come for your visit. Insurance companies require us to collect the co-pay at the time of service. If you do not pay your co-pay, we cannot continue to make appointments for you.

#### 24-hour notice is needed to cancel or reschedule your appointment

Our schedules are getting full, and we often have a waiting list for patients to get an appointment. By providing 24-hours' notice, it allows us time to schedule a patient that may be waiting for care.

#### Missed (No-Show) Appointments

If you do not provide us 24-hour notice to cancel or reschedule your appointment, and you do not show up at the appointed time, you will be considered a "No Show". If you no-show two consecutive appointments or three total appointments you may be discharged from the practice.

#### 48-hour notice is needed for prescription refill requests

Please keep track of ALL of your prescriptions. When you need a refill, call us, or your pharmacy, <u>AT LEAST 48 hours</u> before you run out of your medication, so that we can process the prescription. We DO NOT refill prescriptions after normal business hours, or on weekends. Please also understand that some medications can't be refilled without an office visit, blood and/or urine testing, or other lab tests.

#### If you don't have insurance, we offer a Sliding Fee Scale

If you don't have insurance, please ask us about eligibility requirements for our sliding fee scale program. If you need to sign up for NH Medicaid, Medicare, or need assistance with other programs, please ask us for assistance. We have care coordination services to help you access the resources you may need.

#### Keep your Health Care "Up-To-Date"

It is important for people of all ages to have regular "wellness visits" with your health care provider. Although you may not require frequent visits to your provider, health care standards and regulations require us to keep accurate records of our patients. If you have not seen your provider in over three years, you will receive a notice from MCHC, asking if you wish to remain a patient here, and to schedule a wellness visit. If you wish to transfer, or stop your care here at MCHC, please let us know.

#### **Contact our office with billing questions**

If you get a bill, you can help us by paying it upon receipt. If you believe there is a mistake with the bill, or you need help understanding it, please contact our billing department at 603-523-4343.

THANK YOU FOR GIVING US THE OPPORTUNITY TO SERVE YOU AND FOR WORKING WITH US TO MAKE OUR HEALTH CENTER A CARING, HELPFUL, AND SUCCESSFUL PART OF THE COMMUNITY!

### MASCOMA COMMUNITY HEALTH CENTER

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#### Mascoma Community Health Center Payment Policy

Thank you for choosing Mascoma Community Health Center (MCHC). Prompt payment for the services that you receive ensures that we can continue to provide you and our community with affordable, quality medical care. The following explains the guidelines and rules of our Payment Policy. **Please read it, and feel free to ask us questions**.

#### RESPONSIBILITY

As a patient of MCHC you are responsible for payment of services.

#### ABOUT INSURANCE

MCHC participates in most insurance plans, including Medicare and Medicaid. Your insurance benefit is a contract between <u>you</u> and <u>your insurance company</u>; knowing your insurance benefits and co-pay amount is your responsibility. You must contact your insurance company with any questions you may have about your coverage. <u>Please be aware that you might be responsible for the entire amount of the bill, if your insurance company does not have a contract with MCHC.</u>

#### Please note the following:

- 1. Co-payments <u>MUST</u> be paid at the time of service. This arrangement is part of your contract with your insurance company. Failure of MCHC to collect co-payments from patients can be considered fraud. Please help us in upholding the law, by paying your co-payment at each visit.
- 2. **If you have an active insurance card**, we will bill your insurance company. If any balance remains, <u>you are responsible</u> for its payment.
- 3. If you do NOT have an active insurance card, you will be responsible for payment of the service at the time the service is provided.
- 4. MCHC accepts personal checks, credit cards, and cash. **If you need financial help to pay your bill**, ask to speak with our billing office, to set up payment options. MCHC offers a **Sliding Fee Scale**, available to income eligible patients. A payment plan can be arranged before you make your appointment.

#### **OTHER THINGS TO KNOW:**

- > IF YOUR INSURANCE CHANGES, call us before your next visit. MCHC will make the necessary changes to help you receive your maximum benefits. If your insurance company has not paid your claim within 45 days, you will be responsible for outstanding balances before additional services are provided.
- ➤ **PROOF of insurance** \*\*MCHC must obtain a copy of your driver's license and current valid insurance card to provide proof of insurance. If you fail to provide the correct insurance information in a timely manner, you will be responsible for the balance of a claim at time of service.
- NON-COVERED services Please make sure that you know which services are covered by your health insurance. If you receive services at MCHC that are not covered by your insurance plan, you will be responsible for paying for these services.
- > CLAIMS submission MCHC submits your claims, and assists you in any way we can, to help get your claims paid. You may be asked by your insurance company to supply certain information directly to them, such as more information about when or where an injury happened, if it was work-related, etc. It is your responsibility to supply your insurance company with information that they request from you. If your claim is not paid because you have not supplied requested information, you will be responsible for paying the claim.

NONPAYMENT —If your account is over 60 days past due, you will receive a letter giving you 10 days to either pay the balance in full, or make a partial payment and set up a payment plan with our billing office. If you do not respond to the letter, you will be given an additional 30 days of urgent care only from the initial date of notice. You will need to pay for urgent care services provided at the time of service. At the end of the 30 days, you could be discharged from MCHC due to non-payment. In order to be reinstated as a patient at MCHC, you will need to pay all past due balances in full and establish a payment plan for future services.

#### MASCOMA COMMUNITY HEALTH CENTER

#### PATIENT REGISTRATION FORM



Welcome to Mascoma Community Health Center! We realize that the paperwork in our New Patient Packet takes some time and thought to fill in, but, we want to make sure that our providers have the information they need to take care of you, and your medical record is complete and up to date. Thank you for helping us to make your health care experience a good one!

Patient Information: Name: (First	t)	(Middle)	(Last)		Suffix(Jr., Sr., etc.)
Previous Last Name:	Address (Stree	t or PO Box, City, S	tate, Zip):		
Home Phone: ()	Cell Phone: ( )	Work Pho	one: <u>( )</u>	Email:	
Is it OK to leave a message at the					
Date of Birth: Sex:	Male Female	Unknown Tran	sgender-Male/F	emale-To-Male	Transgender-Female/Male-To-
Female Choose not to disclos	e			_	•
Marital Status: Divorced	Married Partner	Single Unkr	nown 🔲 Widov	ved Legally S	eparated
Social Security Number	<del>-</del>				
Employer Name:		Address	::		
Employment Status:  Full-time	Part-time N	ot employed 🔲 Se	elf-employed 📘	Retired Disab	led Military – Active
Military – Reserves Unknow	vn Student Full-ti	me 🔲 Student Pa	rt-time		
Are you a U.S. Veteran? Yes	No Branch of M	litary Service	N	umber of years of	f service:
Responsible Party Information (V	Vho is Responsible fo	or Paying the Bill):	Self Oth	ner person (fill in	below)
Last Name		First Name		Middle Na	ame:
Address:		City_		State	Zip
SSNDOB	: Ho	me Phone:(    )	W	/ork Phone:(    )_	
Cell Phone: ( )	Relationship to Pa	tient:		<del></del>	
Emergency Contact (Fill in if the					):
Relationship to you:	Is this person	our legal guardia	n: Yes No	Can we also sha	are your medical
information with his person: $\square$	Yes No Contact'	s Name:		Address:	
Home Phone:	Cell Phone:	W	ork Phone:		
Pharmacy Information: Your lo	cal pharmacy name:		Loc	ation:	
Phone Number:	Mail Order Pha	macy Name (if ap	plicable):		
Address:		Phone Num	her·		

# MASCOMA COMMUNITY HEALTH CENTER PATIENT REGISTRATION FORM



**Prescription History Consent: I hereby give Mascoma Community Healthcare, Inc., permission to obtain a history of	ny
prescribed drugs, during the course of my medical care.	
BY: (patient signature) MCHC Witness Date:	
Primary Insurance Information: Name of Insurance: Policy Number: Group Number:	_
Name on Insurance Card: Insurance Is Provided to Patient By: Self Spouse Parent	
Other (specify)	
Secondary Insurance Coverage Information: Name of Insurance:Policy Number:	
Group Number: Name on Insurance Card:	
Insurance Is Provided to Patient By: Spouse Parent Self Other (specify)	
We are required to collect the following information because we receive federal funding. It is always kept CONFIDENTIAL, as part of your medical record:	
Sexual Orientation: Lesbian Gay Straight Bisexual Something Else Choose Not to Disclose	
Legal Sex: Male Female Sex as listed on your Insurance: Male Female	
Primary Language Spoken: English  Other  Will you Need Interpreter Services?  Yes  N	lo
Race: Asian Black / African American Native Hawaiian Other Pacific Islander White	
American Indian/Alaskan Native  Other/Refused to Report	
Ethnicity: Hispanic Non-Hispanic or Latino Refused to Report	
<b>Are you Homeless?</b> $\square$ No $\square$ Yes ( <b>If Yes</b> ) $\rightarrow$ $\square$ Homeless Shelter $\square$ Transitional $\square$ Doubling up $\square$ Street $\square$ 0	)ther
Are you a Migrant Worker? Yes No Are you a Seasonal Worker? Yes No	
How many people currently live in your household (Includingyourself):	
<b>Yearly Household Income (please check one):</b> Less than \$22,340.  \$22,341 to \$30,260.  \$30,261. to \$38180.	
\$38,181. to \$46,100. \$46,101. to \$54,020. \$54,021. to 61,941. or more If decline to answer, initial here:	
Signature of Patient/Legal Representative Printed Name of Patient/Representative Date	_

### MASCOMA COMMUNITY HEALTH CENTER ADULT MEDICAL HISTORY FORM

(for patients ages 18 yrs. and older)



To Our New Patients: Please fill in this Medical History form as completely as possible. It helps us create your electronic "chart," and, most importantly, helps your provider get a better picture of your health before you became an MCHC patient. Thank You!

Name	Date of Birth				
Previous care:					
	are Provider				
	have seen in the last 10 years (ie. O		rgeons, psychiatrists)		
Any hospitals or en	nergency departments you have vis	ited in the last 10 years (even if ju	st for X-rays, labs, or other tests):		
For each of the places ve	u have listed, except for your d	entist and ove care, please con	nnlota a recorde releace		
	form.) This also allows us to mo	- · · · · · · · · · · · · · · · · · · ·	•		
			,,,,,,,,		
<b>our Medical History:</b> (Plea	se circle any that apply, and explain	on lines below.)			
Depression	Heart disease	Obesity	Kidney disease		
Anxiety	High blood pressure	Diabetes	Kidney stones		
PTSD	Stroke	Thyroid disease	Gout		
ADD/ADHD	Hepatitis	High cholesterol	Arthritis		
Bipolar	COPD/emphysema	GERD	Cancer		
schizophrenia	Asthma	Migraines	Epilepsy/seizures		
Alcohol Abuse/Drug Abuse	Seasonal allergies	Osteoporosis	Other		
	transfusion? If yes, list date and rea				

## MASCOMA COMMUNITY HEALTH CENTER ADULT MEDICAL HISTORY FORM

(for patients ages 18 yrs. and older)



<u>Medications</u> (List ALL prescription, over the counter medications, or supplements, even those you use infrequently.):

<u>Medication</u>	<u>Dose</u>	<u></u>	<u> Directions</u>		
Allergies:					
Medication o	r substance		Reaction		
Surgeries: Any complications from s	surgery or anesthesia?: (ex	plain)			
<u>Date</u>		Surgery	<u>Hospital</u>		
Hospitalizations:					
<u>Date</u>		Reason	<u> Hospital</u>		
Social History:					
Please list all members of	your household				
Your Occupation Religious preference					
All states/countries where you have lived					
Do you eat a special diet? If yes, explain					
Do you <b>currently</b> use tobacco? If so, what form (ex cigarettes, chew, etc.) Amount per day (ex. –					
number of packs, tins, etc	cNumber of years y	ou have used tobacco? Are you i	nterested in quitting?		

## MASCOMA COMMUNITY HEALTH CENTER ADULT MEDICAL HISTORY FORM

(for patients ages 18 yrs. and older)



	n the past						
used tobacco?	When did	you stop	ວ?				
How many alcoholic d	drinks do y	ou have	e in the average week?				
			ugs, such as other peop	le's medications, marijuan	na, cocaine,	heroin,	or narcotic pain
Do you feel safe at ho	me?						
o you feel safe at wo	ork?						
Family History:							
Are your parents still	living?		If not, give age and ca	ause of death			
Please note any close	family me	mber w	vith the following illness	es:			
·	·		_	es: GM= Paternal Grandmothe	er PGF= Pat	ernal Gr	randfather)
·	·		Other (specify) (ie MGM, MGF,		er PGF= Pat <u>Mom</u>	ernal Gr <u>Dad</u>	Other (specify) (ie MGM, MGF, PGM
MGM= Maternal Gra	ndmother	MGF=	Maternal grandfather Po		<u> </u>	1	Other (specify)
MGM= Maternal Gra	ndmother	MGF=	Other (specify) (ie MGM, MGF,	GM= Paternal Grandmothe	<u> </u>	1	Other (specify) (ie MGM, MGF, PGM
MGM= Maternal Gra	ndmother	MGF=	Other (specify) (ie MGM, MGF,	GM= Paternal Grandmothe Hypertension	<u> </u>	1	Other (specify) (ie MGM, MGF, PGM
MGM= Maternal Gra Icoholism sthma ipolar	ndmother	MGF=	Other (specify) (ie MGM, MGF,	GM= Paternal Grandmothe  Hypertension  High cholesterol	<u> </u>	1	Other (specify) (ie MGM, MGF, PGM
MGM= Maternal Gra Icoholism sthma ipolar OPD/emphysema	ndmother	MGF=	Other (specify) (ie MGM, MGF,	GM= Paternal Grandmothe  Hypertension  High cholesterol  Kidney disease	<u> </u>	1	Other (specify) (ie MGM, MGF, PGM
MGM= Maternal Gra  Icoholism sthma ipolar OPD/emphysema epression	ndmother	MGF=	Other (specify) (ie MGM, MGF,	GM= Paternal Grandmothe  Hypertension  High cholesterol  Kidney disease  Migraines	<u> </u>	1	Other (specify) (ie MGM, MGF, PGM
MGM= Maternal Gra  Icoholism sthma ipolar OPD/emphysema epression iabetes	ndmother	MGF=	Other (specify) (ie MGM, MGF,	Hypertension High cholesterol Kidney disease Migraines Osteoporosis Stroke	<u> </u>	1	Other (specify) (ie MGM, MGF, PGM
•	ndmother	MGF=	Other (specify) (ie MGM, MGF,	Hypertension High cholesterol Kidney disease Migraines Osteoporosis Stroke Thyroid disease	<u> </u>	1	Other (specify) (ie MGM, MGF, PGM
Icoholism sthma ipolar OPD/emphysema epression iabetes pilepsy	ndmother	MGF=	Other (specify) (ie MGM, MGF,	Hypertension High cholesterol Kidney disease Migraines Osteoporosis Stroke	<u> </u>	1	Other (specify) (ie MGM, MGF, PGM
Ilcoholism sthma ipolar OPD/emphysema repression viabetes pilepsy	ndmother	MGF=	Other (specify) (ie MGM, MGF,	Hypertension High cholesterol Kidney disease Migraines Osteoporosis Stroke Thyroid disease Cancer (List type) Other Physical	<u> </u>	1	Other (specify) (ie MGM, MGF, PGM

## MASCOMA COMMUNITY HEALTH CENTER ADULT MEDICAL HISTORY FORM

(for patients ages 18 yrs. and older)



**Preventive** (List the most recent date if you know it. Estimate is ok - example - 1/2014)

Age of menopause, if applicable \_\_\_\_\_

Cholesterol test

	= 10.00 000 00.000.
Colonoscopy	Hepatitis C screen
Lung Cancer Screen	HIV Screen
Complete Physical Exam	
Women only	Men only
Pap smear	AAA screen
Mammogram	
Bone density	
Women only:  If you use birth control, what method?	
How many pregnancies have you had?	How many live births?
How many C-sections? How many miscarriages?	How many preterm births (before 37 weeks)?
Have you ever had complications during a pregnancy? If yes, exp	lain

Diabetes screen

## MASCOMA COMMUNITY HEALTH CENTER RELEASE OF INFORMATION FORM



### Release (Disclosure) of Your Protected Health Information To Persons of Your Choice

Mascoma Community Health Center (MCHC) will release your protected health information to a person or persons whom you choose. However, you must give us the name(s) and phone numbers of the person(s), tell us what information we are allowed to disclose, and authorize us to do this by signing your name on this form. If you do not want your protected health information released to anyone, disregard this form.

Contact #1: Release	information to the following person	n and for the purpose(s)	as 'checked' below:
Name:	Relationship:	Phone:	Other Phone:
Appointment in Information and other clinic Emergency con	formation (date, time, with whom, I results from any tests or diagnostic al information such as medications,	for what) cs such as labs, X-rays, diagnoses, prognoses, e	
	Relationship:	• • • • • • • • • • • • • • • • • • • •	
Appointment in Information and	formation (date, time, with whom, I results from any tests or diagnostic al information such as medications,	for what) cs such as labs, X-rays,	t the following: (check all that apply): etc.
Signed:		Date:	

## MASCOMA COMMUNITY HEALTH CENTER RELEASE OF INFORMATION FORM



### AUTHORIZATION FOR RELEASE OF INFORMATION

HIPAA COMPLIANT RELEASE

2018

Patient's Name:		DOB:		
Release of Information <i>FROM:</i>	Mascoma Com PO Box 550 Canaan, NH 0374	munity Health Center		
Dental Record I hereby authorize and request the extendividual/organization. The following All	Phone: 603.523.43 ds can be emailed change of informati	343 Fax: 866.277.5893 to dentalrecords@mascoma on between Mascoma Commu	U	and the above-named
☐ Office Notes		☐ Intake Assessment	□ Test l	Results
☐ Psych/Social/Emotiona	l Evaluation	☐ Medications	☐ Treat	ment Plan
☐ Immunizations		☐ Summaries	☐ Disch	narge Summary
☐ Counselor Reports		☐ Teacher Reports		
Request	is subject to State a or from the individu e confidentiality of a therapy notes, (2) in	and Federal Laws. By signing to the signing to the signing to the significant of the sign	ich may include  rsons (42CFR Pa	drug and alcohol abuse ar 2). Federal Law
□ I understand I may revoke this aut to the extent that: a) action has been obtaining insurance coverage, other I □ I understand I have a right to requ	taken in reliance of aw provides the ins	n this authorization; or, b) if the urer with the right to contest a	his authorization claim under the p	is obtained as a condition of colicy or the policy itself.
☐ All releases expire one year from ☐ I hereby authorized the following; information concerning AIDS (Acc	(please initial if a	pplicable)_Disclosure of the		
(Signature of Patient or Representative)	(Printed Name)	(Relationship to Patient	if Representative)	(Date)
(Witness Signature)	(Printed Name)	(Date)		